

# QTC545. "You Are A Wonder" Psalm 139 series part 11. 14 November 2024

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"You Are A Wonder" Psalm 139 Series - Part 11 | Malcolm Cox | Quiet Time Coaching Episode 545

## Introduction

Today, we look at verses nine and ten of the Psalm.

"If I take the wings of the morning and settle at the farthest limits of the sea, even there your hand shall lead me, and your right hand shall hold me fast." (Psalm 139:9-10)

What is David's imagining? In his mind's eye he pictures the sun rising in the morning in the east, moving through the day, and setting in the west over the sea (Mediterranean). God's presence covers the Earth and the heavens. One commentary suggests that "If I take the wings of morning" may also reference speed. David might have been saying, "If [I] could fly at the speed of light..." Perhaps he sees himself taking flight first thing in the morning, going all day until sunset and landing as far west as possible. God is with him throughout the entire journey.

How does David perceive God's hand? This hand is benevolent. His right hand is strong, authoritative and kingly. Perhaps this hand is rather like a parent with a small child near a busy road. When my children were young, I held their hand very tightly. This was not to restrict them in any harmful way, but keep them safe.

God's reason for his persistent presence with us is to offer us assistance, protection, and resources that we do not have in ourselves.

## Where is Jesus in this?

Both images taken together may remind us of the promise given by Jesus to his followers.

Matthew 28.20

teaching them to observe all that I commanded you; and lo, I am with you always, even to the end of the age."

## How does this help us?

There is no place too remote or situation too dire where God cannot reach us. Whether we feel isolated emotionally, spiritually, or even physically, we can pray with confidence, knowing that God's presence is with us—even at the “farthest limits.” God not only accompanies us but also actively guides us. God's grip on us is strong. We don't have to fear slipping away from His care.

Our prayers do not travel to a distant, indifferent deity. God is intimately close, familiar with our every thought and emotion, and is already present, even before we begin to pray.

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## Questions

What does it mean to you for God to guide you? How does it feel when God is holding you tight in his hand?

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## Suggestions

1. The ending of Matthew's Gospel is a promise. Why not take some time to pray through that promise?
  2. Look up other Scriptures about God's hand. Pray through what you find.
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## Conclusion

Next time, we will move on to verses eleven and twelve.

I am planning a spiritual experience day based on Psalm 139 in the spring of 2025. If you'd be interested, please email me at [malcolm@malcolmcox.org](mailto:malcolm@malcolmcox.org).

Your brother, Malcolm

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Please add your comments on this week's topic. We learn best when we learn in community.

Do you have a question about teaching the Bible? Is it theological, technical, or practical? Please send me your questions or suggestions. Here's the email: [malcolm@malcolmcox.org](mailto:malcolm@malcolmcox.org).

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