

# QTC548. "You Are A Wonder" Psalm 139 series part 14. 05 December 2024

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"You Are A Wonder" Psalm 139 Series - Part 14 | Malcolm Cox | Quiet Time Coaching  
Episode 548

## Introduction

Today, we look at verse fourteen of the Psalm.

Psalm 139.14

"I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well."

"I praise you" is an acknowledgement that the wonder of the personal connects to the wonder of the creation as a whole. As amazing as the planets, oceans and mountains may be, you and I are just as wonderful. Consider God's incredible craftsmanship in making you. It is right to rejoice over who you are. You may lament who you would *like* to be, but that does God a disservice. We cannot all be athletic or intellectually gifted. However, without you--one of God's wonders--the world would be a poorer place. Rejoice in who you have been made, and enjoy praising God for that.

David states that he knows these facts "very well". He has a wholehearted conviction about his wonderfulness, which causes him to praise God. The way you have been made is terrifying. You are a wonder. Can you say that to yourself before God? Try it.

**"I am a wonder!"**

The wonder of humankind, created by God, is prime wonder, or wonder .0.

## Where is Jesus in this?

2 Corinthians 5.17

"Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!"

## How does this help us?

Perhaps you consider that your humanity and sin have made you less than a wonder in God's eyes. However, the cross has placed you *in him*. Through His death and resurrection, He makes it possible for us to live as God intended, fully reconciled to Him. Because of that, God views you as being just as wonderful as his son.

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### Question

Are you confident in your wonderfulness? Do you trust that you are one of God's wonders? What helps you to believe this when you fall short of Christlike behaviour?

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### Suggestions

1. Look up a gospel passage where Jesus engages lovingly with somebody who is marginalised by society because of their lifestyle.
  2. Put yourself in their shoes and imagine how they felt.
  3. Take that feeling to God and praise him for it.
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### Conclusion

Next time, we will move on to verses fifteen and sixteen.

I am planning a spiritual experience day based on Psalm 139 in the spring of 2025. If you'd be interested, please email me at [malcolm@malcolmcox.org](mailto:malcolm@malcolmcox.org).

Your brother, Malcolm

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Please add your comments on this week's topic. We learn best when we learn in community.

Do you have a question about teaching the Bible? Is it theological, technical, or practical? Please send me your questions or suggestions. Here's the email: [malcolm@malcolmcox.org](mailto:malcolm@malcolmcox.org).

If you'd like a copy of my free eBook on spiritual disciplines, "How God Grows His People", sign up at my website: <http://www.malcolmcox.org>.

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