The Watford Word

www.watfordchurchofchrist.org

What's on

Today: Women's lunch, 1 PM after the service at Morrisons Cafe

Sunday 23 Mar: 10:30 AM. Bruce Miller speaking

Wed 26 Mar: "Seed to Harvest" outreach equipping series fourth
Zoom session - "Demonstrating the Gospel Through
Service" (note change of date)

Sunday 30 Mar: 10:30 AM. Malcolm speaking. Mothering Sunday.

Sunday 06 April: 10:30 AM. Malcolm speaking

Sunday 13 April: 10:30 AM. Lance speaking

Monday 14th April: Mentoring training

Sunday 20 April: 10:30 AM. Easter Sunday

Monday 26th May: Mentoring training

Sunday 08 June: 10:30 AM. International Service

Sunday of July: Outdoor Wellington Country Park service hosted by the Thames Valley churches of Christ

Monday 7th July: Mentoring training

Sunday 20 July: 10:30 AM. Dr Rolan Monje is our visiting speaker from the Manila ICOC.

Monday 1st September: Mentoring training

Making the Bible your 'hobby' - Part 7. Consistency over Quantity

Introduction

In this series, we are exploring how approaching our Bible study as a hobby can make all the difference. Today, I want to talk about something that I hope will free and inspire us: The significance of *consistent* Bible study.

If you've ever felt overwhelmed by the idea of 'proper' Bible study—maybe thinking you need to

read multiple chapters at a time or understand every theological nuance—you're not alone. But here's the truth: Consistency is more important than quantity.

It makes all the difference when we think about Bible study not as an academic exercise, not as a duty to check off, but as a hobby—something we do regularly because we love it, not because we have to. It is something that nourishes our soul and deepens our walk with God over time.

Small Steps, Big Impact

The Bible itself encourages us in this. Consider Psalm 1:2-3:

'BUT WHOSE DELIGHT IS IN THE LAW OF THE LORD, AND WHO MEDITATES ON HIS LAW DAY AND NIGHT. THAT PERSON IS LIKE A TREE PLANTED BY STREAMS OF WATER, WHICH YIELDS ITS FRUIT IN SEASON AND WHOSE LEAF DOES NOT WITHER—WHATEVER THEY DO PROSPERS.'

PSALM 1.2-3

Did you catch that? **Meditation, not speed**reading.

The Hebrew carries the idea of moaning, speaking, muttering and the act of thoughtful deliberation with the implication of speaking to oneself.

A tree doesn't grow overnight. It thrives through steady nourishment, not through sudden bursts of overwatering. Our time in Scripture should feel like that—steady, life-giving, and ultimately transformative.

Jesus invites us into this slow, steady transformation. In John 15:5, he says:

'I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.'

This is about relationship, not academic achievement. The goal is not just to know the Bible but to walk with Jesus in a deeper way.

Making the Bible Your Hobby

So, how do we start? Here are a few ideas:

- **1. Pick one verse, phrase or paragraph.** Just one. Reflect on it throughout the day. Let it linger in your mind, and note down what emerges for you.
- **2. Set a small goal.** Five or ten minutes a day is better than an hour once a month.
- 3. Utilise an intention.

Link your Bible study to another habitual action. For example, "While I am waiting for the kettle to boil for my morning cup of coffee, I will open my Bible and read the next section of Scripture."



- **4. Find joy in discovery.** Don't feel pressure to 'master' Scripture. Instead, approach it with curiosity, like a hobby you love exploring.
- **5. Be patient.** Some days will feel more 'fruitful' than others. That's okay. Growth happens over time.

Question

Does this idea resonate with you? Do you struggle with feeling overwhelmed by Bible

study? What small, consistent steps have helped you?

Your brother, Malcolm

P.S. The podcast version can be found here: https://audioboom.com/posts/8664947-how-to-make-the-bible-your-hobby-part-7-consistency-over-quantity-malcolm-cox-quiet-time

Watford Contribution Details

Church bank account: Three Counties churches of Christ HSBC

Sort Code: 401915

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Watford Media



Jess has created this QR code to connect you or your friends to all our social links.

Anyone scanning this code will find links to our YouTube channel, Podcast feed, Facebook page and Website. They can also discover us on Google and send an email - all from the one code!